



Exposure Communication and Control Protocol

For Instances of COVID-19

I. INTRODUCTION

Annapolis Soccer Club (“ASC”) *Policy 5.3 – COVID-19* requires ASC to effectively plan for, mitigate risk of, and manage instances of COVID-19 among ASC members. This Exposure Communication and Control Protocol complies with all state and local orders and directives regarding sporting gatherings and events and follows Centers for Disease Control and Prevention, Maryland Department of Health, and Anne Arundel County Department of Health recommendations.

II. PURPOSE

The purpose of this protocol is to provide guidelines for ASC members (staff, coaches, volunteers, players, and parents) when potential or confirmed COVID-19 instance occurs during an ASC event or affects an ASC member.

III. SCOPE

This document provides guidelines for how ASC will manage the report and/or knowledge of COVID-19 instance of a member, whether contracted at an ASC event (including but not limited to practices, training, clinic and County games) or not. It does not cover any other communicable disease, nor does it cover a situation during which a staff member, coach, volunteer, or player exhibits symptoms of COVID-19 but is not confirmed to have COVID-19 prior to entering an ASC event (covered in Non-Regular Play Protocol).

IV. REPORTING OF POSITIVE TEST FOR OR EXPOSURE TO COVID-19

The following provides information on how a member shall report to ASC a positive test for COVID-19 or the exposure to another individual confirmed to have COVID-19.

A. Staff, Coaches, and Volunteers

A staff member, coach, or volunteer **must** report immediately to ASC a positive test for COVID-19, the onset of one or more symptoms of COVID-19 (fever, chills, shortness of breath/difficulty breathing, sore throat, muscle/body aches, fatigue, altered sense of taste or smell, cough, congestion/runny nose, nausea/vomiting, diarrhea), or exposure to another individual who is confirmed to have COVID-19.

S/he must email admin@annapolisoccerclub.com with:

- date, time, and location of confirmed or potential exposure; **and**
- the last time s/he was at an ASC event; **and**
- the last time s/he had contact with one or more ASC members; **and**
- specific symptoms, if any.



An ASC staff member will contact the staff member, coach, or volunteer within 12 hours of receipt of the email notification. The staff member, coach, or volunteer must not participate in further ASC events until ASC authorizes his/her return.

B. Players

A player (or parent on behalf of the player) **must** report immediately to ASC a positive test for COVID-19, the onset of one or more symptoms of COVID-19 (see above), or exposure to another individual who is confirmed to have COVID-19.

S/he must email admin@annapolisoccerclub.com with:

- player's first and last name; **and**
- coach/team; **and**
- date, time, and location of testing; **and**
- specific symptoms (if any); **and**
- date, time, and location of confirmed or potential exposure; **and**
- the last time s/he was at an ASC event; **and**
- the last time s/he had contact with one or more ASC members.

An ASC staff member will contact the player (or parent) within 12 hours of receipt of the email notification. The player must not participate in further ASC events until ASC authorizes his/her return.

V. ASC REPORTING OF CONFIRMED COVID-19 INSTANCE

The following provides information on reporting COVID-19 instance to local health department, on communicating to ASC members, and on handling media inquiries.

A. Required Reporting to Local Health Department

If the date of positive test was less than 14 days since last attendance at ASC event or contact with ASC member, ASC must immediately report to the Anne Arundel County Department of Health (410-222-7095) the individual confirmed to have COVID-19. ASC shall also notify Anne Arundel County Recreation & Parks (410-222-7865). If the individual confirmed to have COVID-19 is currently playing in the County program (fall, spring), ASC shall also make notification to Anne Arundel Youth Soccer Association (AAYSA).

B. Messaging to ASC Members

To ensure transparency and rumor control, ASC must provide appropriate messaging to ASC members as soon as practical through all available communication channels. Messaging shall include enough information to allow members to take appropriate self-care measures, as necessary, but shall not reveal the individual's name and other personal identifying information.

C. Handling Media



Any media inquiries will be directed to the ASC President, or designee. Any staff member, coach, or volunteer shall not provide statements to media personnel. The President, or designee, will, as soon as practical, provide direction to staff members, coaches, and volunteers on handling media personnel. ASC is committed to providing accurate and timely information and will work with Public Information Officer(s) from local and state agencies and organizations on unified messaging, as needed.

VI. CONTROLLING POTENTIAL EXPOSURE TO COVID-19

The following provides information on how ASC will manage other members' potential exposure to an individual confirmed to have COVID-19.

A. Non-COVID-19 ASC Member Exposure to Confirmed COVID-19 External to ASC

When an ASC member has been directly exposed (less than six feet from the individual for more than 15 minutes) to an individual who is confirmed to have COVID-19 but is not exhibiting any symptoms of COVID-19:

1. If the member is a staff member, coach, or volunteer, s/he will not be allowed to return to ASC duties and/or events for 21 days from the last date of exposure to the individual with COVID-19.
2. If the member is a player, his/her Head Coach will be notified immediately, and the member will not be allowed to return to ASC events for 21 days from the last date of exposure to the individual with COVID-19.
3. If the member has not exhibited any symptoms of COVID-19 within the 21 days, s/he will contact admin@annapolisoccerclub.com for authorization to return.
4. The President or General Manager has full discretion on authorizing a member to return.
5. If the member exhibits COVID-19 symptoms during the 21 days, ASC encourages COVID-19 testing as soon as possible.
6. If COVID-19 symptoms are exhibited within 14 days since the member's last participation in an ASC event or contact with other ASC member, ASC will follow protocol in VI.C.

B. Confirmed COVID-19 ASC Member Exposure to Confirmed COVID-19 External to ASC (No Risk to other ASC Members)

When an ASC member is confirmed to have contracted COVID-19 from a source external to ASC:

1. ASC will verify, to the extent possible, from whom/where the member contracted COVID-19.
2. If ASC is able to confirm that the member contracted COVID-19 from an external source and has not been in contact with other ASC members for 14 days or more, operations will continue under the Level of ASC Operation at the time.
3. If the member is a staff member, coach, or volunteer, s/he will not be allowed to return to ASC duties and/or events for at least 21 days from the last day symptoms of COVID-19 are exhibited.



4. If the member is a player, his/her Head Coach will be notified immediately, and the member will not be allowed to return to ASC events for 21 days from the last day symptoms of COVID-19 are exhibited.
5. Once 21 days has passed from the last day symptoms of COVID-19 are exhibited by the member, s/he will contact admin@annapolisoccerclub.com for authorization to return.
6. The President or General Manager has full discretion on authorizing a member to return.
7. If ASC is not able to confirm the source of member's COVID-19 contraction, ASC will follow protocol in VI.C.

C. Confirmed COVID-19 ASC Member Exposure (Potential Risk to Other Members)

When an ASC member is confirmed to have COVID-19 and the source from which s/he contracted it is unknown or may have been from an ASC event or member:

1. ASC will determine the extent of contact with other ASC members.
2. If the source may have been a single event, ASC will work with Anne Arundel County Department of Health and AAYSA to identify and notify all individuals at the event of the potential exposure.
3. Any individual, including those who are not members of ASC (e.g., extended family member, friend), who was at the event will not be allowed to a future ASC event for 21 days from the date of event at which exposure may have occurred.
4. When a member is confirmed to have COVID-19 and has been in regular contact (e.g., every day, once a week) with other ASC members, ASC will work with Anne Arundel County Department of Health and AAYSA to identify and notify all other ASC members with whom the member has regular contact.
8. The member confirmed to have COVID-19 will not be allowed to return to ASC duties and/or events for at least 21 days from the last day symptoms of COVID-19 are exhibited.
9. Members who were exposed to the member with confirmed COVID-19 will not be allowed to return to ASC duties and/or events for at least 21 days from the last date of exposure to the member with COVID-19.
10. If the member has not exhibited any symptoms of COVID-19 within the 21 days, s/he will contact admin@annapolisoccerclub.com for authorization to return.
11. The President or General Manager has full discretion on authorizing a member to return.

D. Staffing Plan for Staff, Coaches, and Volunteers Unable to Work Due to COVID-19 Isolation

There may be instances during which a staff member, coach, or volunteer cannot continue his/her duties due to required isolation after COVID-19 contraction or exposure. If duties and tasks can be deferred to a later date without disrupting operations, ASC will allow such deferment. If, for example, a coach must isolate but the



team can continue to participate in games/programming, ASC will provide a substitute coach as soon as practical and so as not to disrupt the team's ability to participate in practices, games, and/or other events. It will be the responsibility of ASC to ensure continuity of operations, regardless of staffing shortages due to COVID-19, to limit any disruption to players' participation in ASC events.

VII. MITIGATING COMMUNITY SPREAD AMONG ASC MEMBERS

ASC defines community spread as the majority of members of a single team being infected by COVID-19 within a 30-day timeframe or more than 10 members, having been in close or regular contact at ASC event(s), being confirmed to have COVID-19 within a 30-day timeframe.

In the instance when community spread is present, ASC has the right to reduce the Level of ASC Operation¹ and/or immediately cancel all programming. The President, or designee, is responsible for implementing the Level of ASC Operation based on the scope and/or severity of community spread.

ASC, with the assistance of the Anne Arundel County Department of Health, will closely monitor its members for more instances of COVID-19 and will adjust the Level of ASC Operation accordingly. If programming is completely canceled, ASC must wait at least 14 days until resuming programming. The President, in consultation with the Anne Arundel County Department of Health and with Anne Arundel County Recreation and Parks, has the authority to resume programming when it is safe to do so.

¹ Level 4: ASC provides full programming including a regularly-scheduled season, other training opportunities, and community events. Participants must abide by social distancing guidelines except for those players actively engaged in a training session, practice, scrimmage, or game. Administrative operations are conducted in-person, following social distancing guidelines. Field operations does not require approval from the Board of Directors, or its designee.

Level 3: ASC provides modified programming that allows for small-group training sessions, practices, and scrimmages, all of which abide by social distancing guidelines. ASC participates in or hosts community events that allow no more than the maximum allowable number of participants required by state/county directives. Administrative operations are conducted in-person, following social distancing guidelines. Field operations does not require approval from the Board of Directors, or its designee.

Level 2: ASC provides modified programming that allows for small-group training sessions only, following social distancing guidelines. Other events and activities are suspended until further notice. Administrative operations are conducted in-person or remotely. The Board of Directors, or its designee, must approve the participation of interns and volunteers in field operations.

Level 1: ASC does not provide any programming. Administrative operations are conducted remotely only. Field operations are conducted by the General Manager only and, if support is needed, the Board of Directors must first approve individuals supporting field operations.